



# Celebrate Happiness Sandwell Events

**25<sup>th</sup> – 30<sup>th</sup> July  
2011**

## **Positive Affirmations Workshop**

**Monday 25<sup>th</sup> July  
11:00am – 12:00pm  
Wellbeing Centre, 215 High  
Street, Smethwick, B66 3AH  
0121 565 2788**

Create personal affirmations to  
motivate and inspire you

## **International Happiness**

### **Coffee Morning**

**Monday 25<sup>th</sup> July  
11.00am – 12.30pm  
Brandhall Library, Tame  
Road, Oldbury, B68 0JT  
0121 422 5270**

Join us for a coffee and meet  
new people

## **SUN Launch Event**

**Monday 25<sup>th</sup> July  
9:30am – 4:00pm  
Metal Forming Centre, 47  
Birmingham Road, West  
Bromwich, B70 6PY  
0121 612 3390**

Launch of SUN – a new Sandwell  
service aiming to provide a social  
network for people with lived  
experience of mental health. Event  
includes free wellbeing taster  
sessions such as complimentary  
therapies and laughter yoga.

## **Building Meaning Group**

**Monday 25<sup>th</sup> July  
3:00pm – 5:30pm  
Central Library, High Street,  
West Bromwich, B70 8DZ  
0121 565 2788**

Join in a lively debate about life  
the universe and everything!

**Children's Fun Day**

**Wednesday 27<sup>th</sup> July**

**9:00am – 5:00pm**

**Oldbury Library, Jack Judge House,  
Halesowen Street, Oldbury, B69 2AS**

**0121 552 5933**

Children's fun day in partnership with Surestart  
Circus theme and activities throughout the day.  
Visit to Dudley Zoo in the afternoon.

**'Spread a Little  
Happiness' Coffee  
Morning and Book  
Display**

**Friday 29<sup>th</sup> July**

**10:00am – 12:30pm**

**Hamstead library,  
Tanhouse Centre,  
Hamstead Road, Great Barr,  
B43 5EL**

**0121 569 2548**

Join us for a coffee and meet  
new people

**Ice Cream Friday**

**Friday 29<sup>th</sup> July**

**2:00pm – 3:00pm**

**Stone Cross Library, Beverley  
Road, Stone Cross, West  
Bromwich, B71 2LH**

**0121 588 2367**

Come and get your ice cream!

**Pledge your Random Act of  
Kindness**

**Saturday 30<sup>th</sup> July**

**All day at Smethwick Library,  
High Street, Smethwick,  
B66 1AA**

**Spot our 'Free Hugs' Team and get a free goody bag!**

**Saturday 30<sup>th</sup> July**

**9:30am – 4:30pm**

Our 'free hugs' team will be appearing on the streets of West Bromwich and Smethwick during Saturday 30<sup>th</sup> July. If you spot us, come and get a free goody bag and a hug!

Some of the scheduled locations on our route will be as follows:

**9:30am – 10:15am ASDA Great Bridge**

**10:30am – 11:15am West Bromwich Central Library**

**11:30am – 12:15pm West Bromwich High Street Markets**

**1:45pm – 2:45pm Smethwick Library, High Street**

**3:30pm – 4:30pm Windmills Shopping Centre, Cape Hill**

For more information contact us on 0121 6123391